

La Rochelle
Université



RÉPUBLIQUE
FRANÇAISE

*Liberté
Égalité
Fraternité*

Student exp erie nce

Handbook for student life

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The student experience devoted to success

It is now a given: universities are not just satisfied with educating the professionals of the future by providing them with the skills and knowledge they will need. They are also constructing future citizens and, in this respect, they are places in which to live, discover, exchange and share. On our campus, in addition to the teaching they receive, each young person thus has the possibility to do sport, to learn about cultural and artistic practices, to get involved in an association, to propose or take part in events, to enjoy advice about their studies or their day-to-day procedures, to be listened to, informed, supported...

La Rochelle regularly features in the ranking of the towns that are great places to live and study, and there is therefore no doubt that the vitality and dynamism of its campus have contributed to this, in addition to the other assets on which the region can pride itself. Committed to a direction based around Smart Urban Coastal Sustainability (known as LUDI in French), for several years our University has been pursuing a policy focused on student quality of life and success, as we are persuaded that the two go hand in hand.

With this first Hand Book for Student Life, we are reinforcing the overall and strategic framework of our actions for the benefit of this "student experience". This enables us to set our ambitions and to plan the resulting actions. It is the result of joint work carried out under the leadership of Armelle Prigent with all the stakeholders on the campus and in the region, whom we thank for their involvement.

Students, this reference document is first and foremost for you! It should enable you to quickly find the service you need and help you easily access the information necessary for your University life: a contact in the relevant department, a direct link for an appointment, forms to fill in when necessary, and so on. It not only covers the areas we would expect to see in such a tool — such as transport, catering, accommodation, sport and culture, physical and mental health, social action or orientation — but it also deals with subjects related to commitment, social responsibility, student associations or international relations.

This hand book is also evolving: it will become richer each year thanks your contributions and comments that you will, for example, be able to communicate during the annual student life congress.



Jean-Marc Ogier

President of
La Rochelle
University



Stéphane Manson

Vice-President
of the Commission
for Education
and Academic Life



Helping students on a daily basis

Convinced that the quality of a student's life is key to their success, I would like to thank La Rochelle University for having involved the Crous (regional student assistance office) in Poitiers in the development of this Hand Book for Student Life, which aspires above all for the fulfilment of the establishment's 8,000 students.

The partnership between the Crous and La Rochelle University enables students to easily access our services: grants, social support, support for student initiatives, welcoming international students, accommodation, catering, cultural activities, student jobs, support for students with disabilities, etc. And because diversity is the veritable breeding ground of our richness, the Crous in Poitiers aims to be inclusive.

Students are also particularly aware of tangible actions to protect the planet. Faced with environmental challenges, the Crous in Poitiers and La Rochelle University have shared ambitions in terms of sustainable development and in their willingness to commit to the "Smart Urban Coastal Sustainability" (LUDI) approach. Moreover, the construction of a new hall of residence will bear witness to this.

The aim of this Hand Book for Student Life is to help you obtain a greater understanding of all the services on offer and to support you in your day-to-day procedures. Together with La Rochelle University, the Crous in Poitiers supports students by improving and stimulating living and studying conditions and by animating campus life.



Laurence Maget-Siegel

Managing Director
Crous,
Poitiers

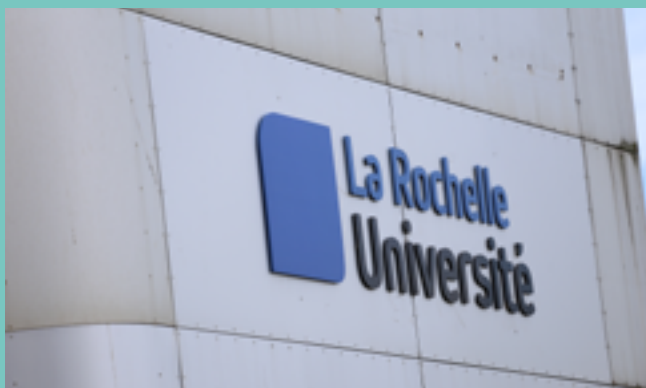


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Survey

Student living conditions

Every three years, a large survey on living conditions is carried out among the student population. The next edition will take place from 27 Novembre to 22 Decembre 2023. This is an essential survey that enables everyone to freely express themselves about their living and studying conditions within

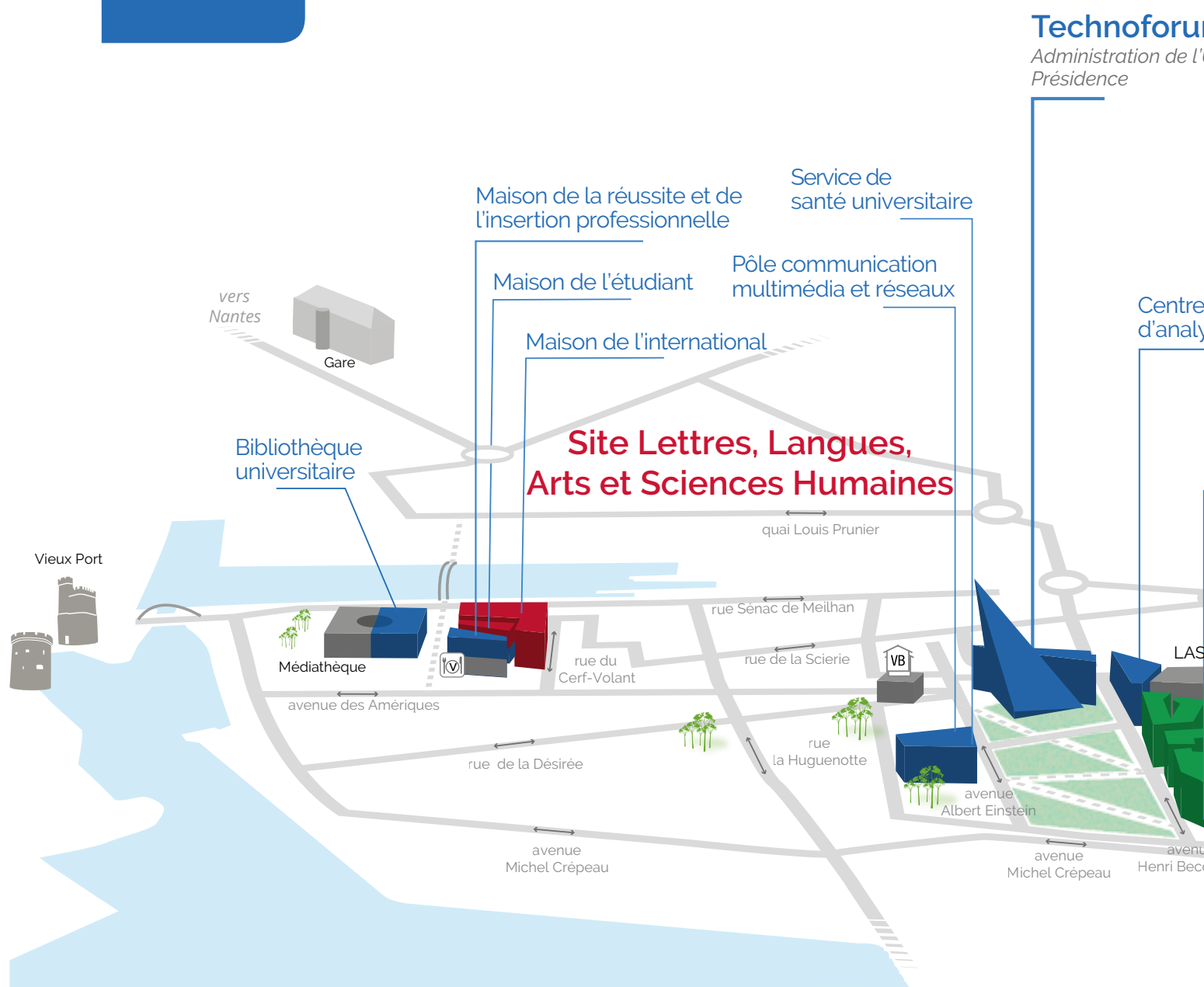


the establishment. All aspects of student life are covered so as to provide an accurate overview on which it will be possible to build to consider the changes that will enable an improved quality of life in the future. The subjects covered in the questionnaire are therefore as follows: studies, accommodation, budget, transports, paid work, health and leisure. This year, however, our establishment wished to go further and address the delicate issue of sexist and sexual discrimination, harassment and violence. Speech is free these days and it seemed necessary to us to obtain young people's opinions on these acts of violence, which are too often hidden or played down.

Student congress

The student congress will be organised once a year, with the aim of bringing together all the students who wish to attend and the departments in charge of student life at the university. The discussions held at the congress will contribute significantly to the development of this hand book, in particularly by enabling the improvement of existing systems and taking into account comments regarding plans to create new initiatives, so that these meet students' expectations and needs as closely as possible.





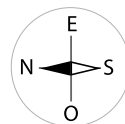
Hébergements

-  Résidence Ville en Bois
-  Cité Antinéa
-  Résidence Le Carrelet
-  Résidence Jean Jouzel
-  Résidence Coureilles
-  Résidence Aziyadé

Restauration

-  Popina, KFET des Sciences
-  RU République
-  RU Antinéa + So What ?
-  RU Vespucci

-  Site Lettres, Langues, Arts et Sciences Humaines
-  Site Sciences et Technologies
-  Site Droit, Science Politique et IAE
-  Institut Universitaire de Technologie



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Service universitaire des activités
physiques, sportives et d'expression

Terrains de
grands jeux

Halles de sport

vers
Nantes

vers
Bordeaux

avenue
de la Rotonde

boulevard
de la République

rue de
Roux

avenue Jean Monnet

rue de
Courreilles

rue François
de Vaux de Foletier

IUT

avenue Jean Monnet

boulevard
de la République

rond-point
de l'Europe

avenue Marillac

Institut du littoral
et de l'environnement

Maison de la
Charente-Maritime

Site Droit,
Science Politique
et IAE

Site Sciences
et Technologies

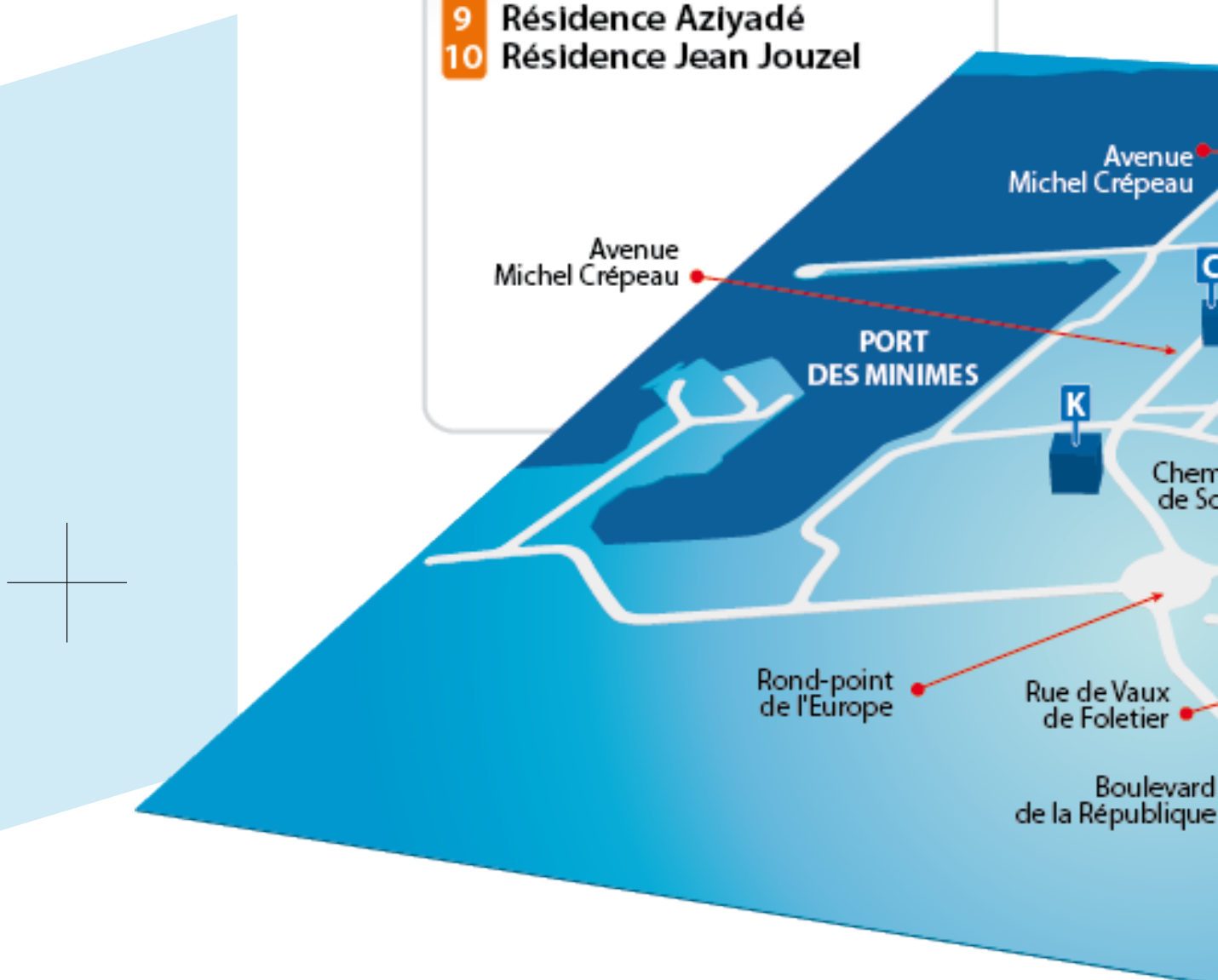
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- 1 RU Vespucci/VAE/Le Divillec/
- 2 Brasserie Antinéa/SO What
- 3 RU République/VAE/LS

- 5 Résidence Ville en Bois
- 6 Cité Antinéa
- Service Crous
- 7 Résidence le Carrelet
- 8 Résidence Coureilles
- 9 Résidence Aziyadé
- 10 Résidence Jean Jouzel



La Rochelle University Refectory and Hall of Residence

- A** Maison de l'étudiant
- B** U.F.R. de Lettres
- C** Faculté des Sciences
- D** S.S.U
- E** Technoforum
- F** Excelia
- G** I.U.T.
- H** E.I.G.S.I.
- I** Institut de gestion
- J** Droit
- K** Lycée Hôtelier





01


Welcoming students

A high-quality welcome
for successful integration
into student life

Strengthening welcoming initiatives to foster integration


Start-of-term meetings

Your course supervisors will welcome you on the first day of term to provide you with all the educational and administrative elements you need for your year to run smoothly.

CONTACT: devu@univ-lr.fr 

Placement tests and individual interviews

In the 1st year of a bachelor's degree, all courses offer placement tests at the start of the academic year to establish your educational level, as well as individual interviews; in particular, these elements will enable the implementation of individualised educational contracts and guidance towards the choice of 'RePer' in the first semester.


CONTACT: devu@univ-lr.fr 



Visiting the university campus and discovering the city and the Crous facilities



The aim of these visits intended for first-year students is to help you discover the city of La Rochelle, its campus and the university services. A week of sporting discovery also awaits you.

CONTACT: devu@univ-lr.fr 

Green Party




This start-of-term party is THE event of the year. Enjoy this festive moment and have fun discovering the University's services and student associations.



Student welcome – La Rochelle loves its students



A start-of-term concert is put on free of charge (subject to availability) at La Sirène venue. A visit of La Rochelle is also organised.


CONTACT: culture@univ-lr.fr 



Strengthening welcoming initiatives to foster integration

Video portraits of student ambassadors

Our students introduce themselves to you in short videos of their student life on campus.

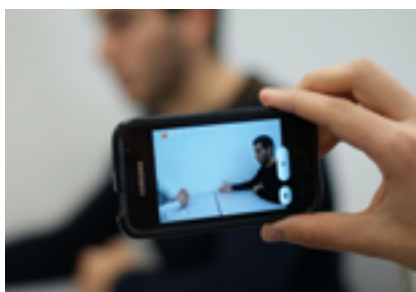
CONTACT: orientation@univ-lr.fr 



On-demand visits of the University Library

Make an appointment to discover the University Library (BU).

CONTACT: 



Specific welcoming initiatives for international students

Within the framework of the "Bienvenue en France" (Welcome to France) label obtained by La Rochelle University, the International Relations Department (DRIEF) organises several specific welcoming activities for international students: a lunch, visits, information provided by the CPAM (French health insurance office) and the CAF (French family allowance office), etc.


CONTACT: drief@univ-lr.fr 





Identification of “Info point” students

During the start of the year, “student representatives” identifiable by their sweatshirts are around to answer your questions.

CONTACT: devu@univ-lr.fr 


Welcoming initiatives at the Crous



- End of September: **“All Inclusive” Festival**: this festive day enables you to attend the presentation of the range of activities offered all year round in Crous premises. A large proportion is given over to the awareness and inclusion of students with disabilities. This welcome highlight enables the student community to discover the campus on scooters.
- Starting end of August: **Student representative scheme**: there are student representatives living in halls of residences who are responsible for welcoming new arrivals. Their mission consists of welcoming new students, directing them towards the services of the Crous and La Rochelle

University, providing information and helping them with formalities (completing the CAF application, CPAM declaration to gain rights, rental insurance, Visale rental deposit, IZLY card, etc.). The student representatives speak at least two languages and are able to welcome international students. They connect with the Handisup association for students with disabilities and manage the games library created in a hall of residence. They also organise events intended for the student community.

- **The “safe place” scheme**: rainbow flags are clearly displayed in Crous premises to assert the French Republican values of liberty, equality (particularly for minority rights) and fraternity.
- A **welcome kit** is given to every new resident. This includes all relevant information about accommodation and catering as well as the IT charter.
- Support services for students with disabilities are provided by the HandiSup association in halls of residence.

CONTACT: [Crous - La Rochelle site](http://Crous-LaRochelle.site) 

Encouraging good guidance on the campus and a reactive response from services

COMING SOON

Information desk (September 2025)

The goal is to offer physical and digital solutions to keep you as well-informed as possible about the services you can access (student life, administration, etc.).



**YOUR OPINION
MATTERS!**
Ideas, questions,
suggestions...
[click here](#)

COMING SOON

Geolocating places (September 2026)

Thanks to an app, you will easily find your way around campus and get to a classroom, a department, a university refectory, and so on.



**YOUR OPINION
MATTERS!**
Ideas, questions,
suggestions...
[click here](#)



COMING SOON

**“Service public +”
quality label for
students services
(September 2025)**

As part of an overall quality approach undertaken by the establishment, and aiming to always provide better service, the student life services intend to apply for the the national label certification.

**YOUR OPINION
MATTERS!**

Ideas, questions,
suggestions...
[click here](#)

Disseminating information



Websites

Most information related to administrative, educational, cultural and scientific matters is available on the [LRUniv website](#).

Launched in January 2023, the new [Crous website](#) provides information about its missions to support student living conditions.

Institutional dissemination

For elements regarding studies, regulations (for example, the recent health crisis), communication via institutional dissemination (an email sent to all students) is used.



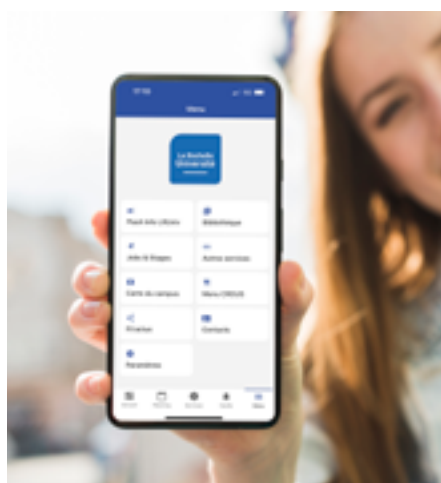
Moodle

If it isn't possible to use institutional dissemination and it's a question of transmitting information about student life (sports, culture, etc.), then communication may occur through Moodle groups created either for a course level, or for a component (all year 1 students for example).

Social media and dynamic screens


Most of the information intended for you is shared on social media: Facebook, Instagram, Twitter and LinkedIn.

Dynamic screens are positioned in most of the reception areas of the university's buildings and display the main information. Crous premises are also equipped with these in university refectories and halls of residence.



Mobile app

A smartphone app was launched by the university in September 2022; it should be developed over the coming years.

CONTACT: smartcampus@univ-lr.fr 

The Crous offers the "Crous Mobile" app.



**YOUR OPINION
MATTERS!**
Ideas, questions,
suggestions...
[click here](#)

COMING SOON

Shared calendar for sport, culture, associations, and so on. (September 2024)

The idea is to list all the recurring initiatives in student life and provide you with a shared calendar at the start of each term. This calendar will be updated on La Rochelle University's mobile app.



02

Cultural and sporting life

A rich and participative campus life enables fulfilment as well as the development of a sense of belonging

Continuing to provide access to culture and reinforcing the scientific culture offering



“Les étudiants à l'affiche” festival



A cultural festival organised every year by the Maison de l'Étudiant (Student Centre) - Espace culture (Cultural Centre) showcasing your artistic projects, with supervision by professional artists.

CONTACT: culture@univ-lr.fr

Ecology and Solidarity Student Week



Ecology and Solidarity Student Week is a national event run by the RESES (French Network of Students for Sustainable Development) and organised locally by La Rochelle University. It takes place at the end of March.

CONTACT: ddrs@univ-lr.fr



Exhibitions in the University Library (BU)

All year round, the BU proposes freely accessible different themed exhibitions in the building's hall.

CONTACT:



ZERO1 Festival



Every year, the Master 2 DPAN (audio-visual and digital project management) students at LRUniv organise this festival highlighting the discovery and enhanced knowledge of digital culture.

COMING SOON

Social debates and student conferences

The aim is to arrange themed debates on campus, co-organised with the students who are interested and their courses.


YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)



“1000 sabords”

Every year, the university's sports department (Suapse) organises this sports tournament between teams made up of students and university staff.

CONTACT: suapse@univ-lr.fr 



Cultural calendar

A cultural programme is concocted every month by the Maison de l'Étudiant - Espace culture (Student Centre - Cultural Centre). Film screenings, events, shows, residencies, lectures, and so on.


CONTACT: culture@univ-lr.fr 

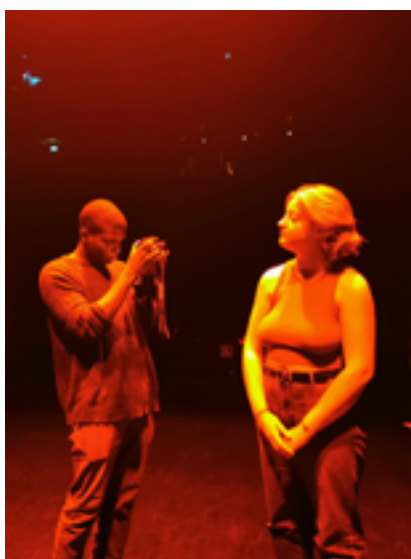


Participating in cultural activities

The “Super Pass’Etudiant” with mobile app (September 2025)


The doors of La Rochelle's cultural sites, museums, artistic companies and festivals are wide open to you thanks to the Super Pass’Etudiant student pass, which is freely available at the MDE (Student Centre).

CONTACT: culture@univ-lr.fr 



Freely accessible artistic and cultural workshops

On registration, the MDE (Student Centre) offers access to various freely accessible artistic and cultural workshops: theatre, writing and micropublishing, podcasts, photography, comic books, etc.

CONTACT: culture@univ-lr.fr 

Artistic and cultural workshops qualifying for enhancement


The artistic and cultural workshops proposed by the MDE (Student Centre) may also be chosen within the framework of a procedure to enhance your yearly average.

CONTACT: culture@univ-lr.fr 



“Arts” minor

This programme is accessible for Bachelor 1 students (duration: 3 years).

CONTACT: culture@univ-lr.fr 

COMING SOON

Open stages by request of students (September 2024)

In partnership with various local cultural establishments, this involves enabling you to develop your artistic and cultural projects in the best possible conditions.

YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

Exhibitions on campus (student talents, works from FRAC [Regional Contemporary Art Collections] – September 2026...)

In addition to the themed exhibitions organised in the university library, the aim is to enable access to works produced by students or by artists from outside the university.

YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

Production of artistic media (September 2025)

These productions may take the form of an exhibition catalogue, a comic book, a collection of poetry or songs, etc.

YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

Artistic carte blanche on campus – “CONTACT” residencies (September 2027)

les Crous

The principle is to invite artists, researchers, whether students or not, to exhibit their works on the campus in La Rochelle or to undertake cultural and artistic actions there in pairs. Implementation of artistic carte blanche on Crous premises in particular - in the university refectories and halls of residence (logistics for implementation of creative workshops, exhibition of works, etc).

YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

Artistic training courses open to all students in the region (September 2025)

Some initiatives could be open to students in La Rochelle other than those registered at the university — those in BTS (advanced vocational training), CPGE (preparatory class for grandes écoles), business school, engineering school, etc. — and even certain high-school students. Implementation of the “Dance” university diploma with the ABC Conservatoire in La Rochelle in September 2022.

YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

International cultural openness

The various institutes (Roi Séjong, Confucius, etc.) found within La Maison de l'international (International House) regularly organise cultural activities intended to promote a country's culture.

CONTACT: drief@univ-lr.fr 



Raising awareness of scientific culture



My thesis in 180 seconds

My thesis in 180 seconds enables doctoral students to present their research subject, in French and in simple terms, to a lay and diversified audience. The aim is to do a clear, concise yet compelling presentation on their research project in three minutes. It can be supported with a single slide!

CONTACT: christel.lefrancois@univ-lr.fr 

LUDI Days

Organised every year for staff, partners and students, the idea behind the LUDI days is to explain the state of the research being carried out by LRUniv's lecturers/researchers.




Science Fair

The Fête de la science (Science Fair) is an annual French-speaking scientific culture event held over ten days in October, offering encounters between researchers and the general public. Student associations may be asked to organise demonstrations.

CONTACT: culture@univ-lr.fr 

(Not too) Scientific Film Festival

This festival, an initiative of the La Rochelle University association of doctoral students (ADOCs), aims to lift the veil on scientific research and the daily life of a researcher. The doctoral students-directors are invited to take a step back from their own work and cast a critical eye on it, so as to present it in a clear and fun way to a wide public.

CONTACT: adocs@univ-lr.fr 

les Crous



Diverse access to sport




Sports offered at La Rochelle University

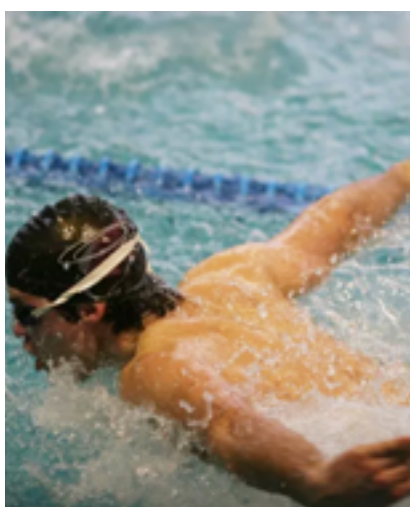
A great many sports are offered by the Suapse (university department for physical sporting activities and self-expression): individual, team, combat, coastal, racquet, as well as physical fitness activities and self-expression.

CONTACT: suapse@univ-lr.fr 

Free practice of sporting activities

The activities offered by the Suapse can be practised (on registration) freely, without assessment.

CONTACT: suapse@univ-lr.fr 




Sporting activities qualifying for enhancement

A significant number of sporting or self-expression activities may be chosen each year within the framework of a procedure of enhancement (enhancement of your yearly average) through assessment.

CONTACT: suapse@univ-lr.fr 


Reflective activities

Activities such as yoga, Pilates, bodybuilding, muscle rehabilitation are also offered.

CONTACT: suapse@univ-lr.fr 

Participating in competitions


The intensive practice of certain sports may lead you to participate in competitions at different levels — local, regional, national, international.

CONTACT: suapse@univ-lr.fr 



Participating in specific events: “Green Day”, “Black sessions”...


Several specific events are organised in the year to promote inclusion, discover new activities, etc.

CONTACT: suapse@univ-lr.fr 



Training (first aid, sailing licence...)

You can ask to benefit from specific training during your studies: coastal licence, high-sea licence, lifeguard, sailing instructor, first aid, etc.

CONTACT: suapse@univ-lr.fr 



Considering student rhythms of life

COMING SOON

Implementing a review body (observatory)

(September 2024)

The goal is to share the results of surveys (annual course assessment survey) with the university community (students and lecturers) and implement corrective measures if necessary. The creation of a working group as part of the "Student Life" committee (students, lecturers and administrative staff) is planned.



YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

COMING SOON

Considering students' different times and rhythms in connection with the subject of specific audiences

(January 2024)

For students with commitments, those with disabilities, those who work, etc. A draft charter intended for specific audiences (to standardise processes) is in development.



YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

COMING SOON

Linking the question of time to issues of transport, catering and space management

(September 2024)

Designing timetables to improve your conditions of access to the university refectories, bringing teaching hours more in line with public transport options, etc.



YOUR OPINION MATTERS!
Ideas, questions, suggestions...
[click here](#)

COMING SOON

Incorporating time devoted to student life into timetables

(September 2025)

The Thursday afternoon time slots will be blocked from class reservations (with the exception of asynchronous lessons) in order to respect this time devoted to student life, and other time slots could also be scheduled.



YOUR OPINION MATTERS!
Ideas, questions, suggestions...
[click here](#)

COMING SOON

Designing timetables to enable students with commitments to get together

(September 2025)



YOUR OPINION MATTERS!
Ideas, questions, suggestions...
[click here](#)



03

Student projects and citizen commitment

Committed students
in a sustainable
and responsible
campus

Students involved in a sustainable and responsible

COMING SOON

Permaculture (• university diploma project – September 2027)


To intensify the initiatives that have existed for several years (shared gardens, compost bins...), the goal is to propose a "Permaculture" university diploma so as to train students in this skill. In addition, the recruitment of a part-time agricultural engineer will facilitate the development of existing projects and spaces.

**YOUR OPINION
MATTERS!**
Ideas, questions,
suggestions...
[click here](#)



Shared gardens

Shared gardens already exist (science site, IUT site) and will be developed and proposed in other sites on campus.

CONTACT: ddrs@univ-lr.fr 



YOUR OPINION MATTERS!
Ideas, questions, suggestions...
[click here](#)

COMING SOON

Involving students in the departments (September 2024)

Several departments of La Rochelle University offer student jobs every year: DOI, Relais Handicap, University Library, International Relations, OFIVE, SEVE, etc. A forum enabling you to explore all the positions — and to apply for them! — will be proposed at the start of each academic year.

COMING SOON

Nudges (September 2025)

les Crous

To raise your awareness of different subjects (in particular, waste sorting), nudges will be tested in different areas of the campus and the Crous.



YOUR OPINION MATTERS!
Ideas, questions, suggestions...
[click here](#)

COMING SOON

Special “sustainable development” prize (June 2024)

A prize will reward the year's best “sustainable development” project filed with the FSDIE commission and promote the commitment of the students involved.



YOUR OPINION MATTERS!
Ideas, questions, suggestions...
[click here](#)

Governing structured and participative student life

COMING SOON

Creating a space for reflection, consultation or governance dedicated to students: the student parliament (September 2024)

Certain spaces ("La Pointe aux assos", for example) and projects will be managed by the students themselves.

YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

Promoting students' institutional training (September 2024)

In order in particular to encourage elected students (elected or delegates) to be involved as much as possible in their mission and in establishment life, a specific course will be organised to help them understand how the university functions.

YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

Reinforcing student representation in the different bodies/councils, commissions and working groups (September 2024)

Students are regularly elected by their peers, but during the meetings of the various councils (education and academic life council, management board, research council), it has been noted that few elected students are in attendance. The time slots of the bodies for the students elected will be logged in their timetables

YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

Formalising meetings on a regional scale of all student VPs (January 2024)

YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

COMING SOON

Institutionalising the student congress (on registration)

(April 2024)

This will be a matter of offering an open space for discussion and exchange with the governance, as well as meeting time with the elected students and delegates.


YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)



Delegate students

At the start of each academic year, you are invited to apply to become a delegate for your year group, with each year group having to elect 2 full delegates and 2 substitute delegates. The main role of the delegates is to communicate the difficulties reported by their fellow students (to lecturers, to departments, etc.), and to transmit certain information provided by the university to their fellow students. They must also take part in the development councils for their course. Several meetings are organised every year by the presidency of the university.


CONTACT: devu@univ-lr.fr 



Elected students

Crous
Poitiers

The renewal of elected students takes place every two years, for the university's different bodies/councils: Education and Academic Life Council (CFVU), Management Board (CA), Research Council (CR). Student representatives are also invited to different commissions, such as the ASSET commission, the FSDIE commission or the CVEC commission.

CONTACT: devu@univ-lr.fr 




Promoting and valuing student commitment

Facilitating student commitment

Organisation of dedicated actions: dedicated days, commitment forum, student association forum, presentation of the FSDIE commission...

CONTACT:


marie.goupille_bergere@univ-lr.fr 



Coordination of associations

A student life coordinator is responsible for helping the associations in their administrative procedures (articles of association, etc.)

CONTACT:

marie.goupille_bergere@univ-lr.fr 

La Rochelle University student associations label

A "student associations charter" with well-defined and clearly comprehensible criteria was created in 2023. It explains the rights and duties of signatory associations and enables the payment of an operating subsidy.

CONTACT:


marie.goupille_bergere@univ-lr.fr 



Making documentary resources or training for managing associative structures available to associations

Creation of a practical guide for student associations.


CONTACT:

marie.goupille_bergere@univ-lr.fr 

Giving student associations greater visibility

Improving the visibility of student associations: online directory providing knowledge of the associative network.


CONTACT:

marie.goupille_bergere@univ-lr.fr 




Training committed students

Offering specific courses enabling the students concerned to commit with greater peace of mind. A specific workshop on enhancing skills is offered every year to students who wish to benefit from the commitment bonus.

CONTACT: b2e@univ-lr.fr 


Procuring tools enabling the recognition of commitment and acquired skills

Digital platform for self-assessment of acquired skills, additional to degree... If you are committed (regardless of the nature of this commitment), you can ask for your commitment to be recognised and valued as part of your studies.

CONTACT: b2e@univ-lr.fr 

Guaranteeing access to the study arrangement contract for committed students

As part of the committed student status testing, arrangements could be offered to beneficiaries. This could be formalised by drawing up 'Conpere' educational success contracts.

CONTACT: conpere@univ-lr.fr 



Promoting and valuing student commitment

COMING SOON

Transferees Course (September 2024 – test)

The goal is the creation of a course, gradually offered to all students in the establishment, focused on commitment and concepts of sustainable development and social responsibility (SDSR).

YOUR OPINION MATTERS!

Ideas, questions,
suggestions...
[click here](#)






COMING SOON

Self-assessment of skills thanks to commitment (September 2025)

A platform will enable committed students to self-assess and then enhance the skills developed as part of their commitment. In addition, the students committed to the Afev association have access to a specific platform.

AFEV: la-rochelle@afev.org 

YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

COMING SOON

Committed student status (January 2024 – test)

Within the framework of a Erasmus+ project steered by LRUniv linked to the recognition and enhancement of student commitment, the goal is to create a "European committed student status" on an experimental basis, enabling, for example, committed students to replace their compulsory work placement with time spent working on their commitment project, if they wish.



YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

Being supported in your cultural, sporting, or associative



Coordination of associations

A student life coordinator is responsible for helping the associations in their administrative procedures (articles of association, etc.), preparing them to appear before the different funding commissions (in particular, the FSDIE), managing the premises made available to them...

CONTACT: marie.goupille_bergere@univ-lr.fr

The 'Student Initiatives Solidarity and Development Fund' (FSDIE)


This commission, chaired by the FVU (education and academic life) vice-president, meets four times a year to examine requests for subsidies made by students proposing sporting, cultural or associative projects. Students submit an application and then present their projects orally to the members of the commission.

CONTACT: marie.goupille_bergere@univ-lr.fr



Crous, Regional and CDIJ Commissions

In certain cases (notably when they are not tutored projects), the student projects partially subsidised by the FSDIE commission can be co-funded by other commissions; if the Crous commission is linked to the FSDIE commission, other commissions run by external partners are not organised on the university campus and may support student projects: Departmental Youth Information Centre (CDIJ) of La Rochelle, Nouvelle-Aquitaine Region, etc.

CONTACT marie.goupille_bergere@univ-lr.fr 

CROUS CONTACT:

Sarah.lakhrissi@Crous-poitiers.fr 



Living spaces and areas



Bookable individual cubicles

So you can work alone or in small groups (maximum of 6), some specifically designed spaces (acoustically isolated) are available for you on reservation in different buildings.

Cabins for videoconferences

The various lockdowns triggered by the health crisis radically changed working habits; as videoconferences are now an integral part of the range of possibilities available for collective working, the BU is now equipped with special cabins enabling you to use videoconferencing in the best conditions.

COMING SOON

Modular co-working rooms bookable by tablet (September 2024)

Gradually available in the majority of buildings, coworking rooms are available to be booked.



YOUR OPINION MATTERS!
Ideas, questions, suggestions...
[click here](#)

COMING SOON

Smart places in shared spaces (September 2025)

The creation in shared spaces (halls, corridors, patios, nooks, etc.) of living areas enabling you to work, manage projects, become aware of sustainable development and culture, and so on.

**YOUR OPINION
MATTERS!**

Ideas, questions,
suggestions...

[click here](#)



Siesta room

Do you want calm and to take a break? A freely accessible room has been specially fitted out for this purpose in the BU.

CONTACT: 

Music rehearsal room


A room dedicated to musical activities, containing several instruments (drums, piano, guitar, etc.) is available on reservation at the MDE (Student Centre).

CONTACT: culture@univ-lr.fr



Meeting & associative activity room

The "lounge" in the MDE is a specially designed space where you can meet up, discuss, develop projects, and so on. The Afev is on call there and runs themed workshops: programme.


CONTACT: culture@univ-lr.fr 

AFEV: la-rochelle@afev.org 

Living spaces and areas

Theatre for cultural activities and self-expression

The MDE (Student Centre) theatre is modular and seats 196 places; it may be used as part of the cultural projects (theatre, exhibitions, dance, etc.) that you wish to develop.

CONTACT: culture@univ-lr.fr 



IT workstations /rooms


Two departments offer access to IT workstations: the BU and Infotrans (1st floor in the communication unit), with, for the latter, the possibility of support from IT students.

CONTACTS: 



Dedicated spaces for student associations, student council and student unions

Major reorganisation work was undertaken for implementation at the start of the academic year in September 2022, notably with "La Pointe aux assos".

CONTACT: marie.goupille_bergere@univ-lr.fr 

COMING SOON

Reading garden (September 2026)

The plan is to develop the outdoor space located between the BU and the Michel Crépeau media library to make it accessible to students.



YOUR OPINION MATTERS!

Ideas, questions,
suggestions...
[click here](#)

COMING SOON

University library (BU) hall (September 2028)

A redesign of the BU hall will mean new spaces for you, optimising your conditions for working together and developing spaces devoted to cultural activities.



YOUR OPINION MATTERS!

Ideas, questions,
suggestions...
[click here](#)

COMING SOON

Mobile container for musical rehearsals, free campus radio and living culture (September 2026)

A specially fitted-out and modular container will offer you, depending on your needs and on booking, a space for musical rehearsals, a space dedicated to radio broadcasting (La Rochelle campus radio) and the organisation of exhibitions, shows, etc. in different areas of the campus. The Crous also wishes to put in place a container to create a multi-activity room (artistic and musical activities, etc.) for your benefit.



YOUR OPINION MATTERS!

Ideas, questions,
suggestions...
[click here](#)


Living spaces and areas



University refectories and halls of residence which are also relaxation areas and living spaces



Several years ago, the Crous already began transforming some of its spaces to go beyond their first use (catering outlet), for example, the creation of a relaxation area at the République university refectory that can be used during refectory opening hours. Creation in a hall of residence of a "relaxation area" devoted to massage sessions and other relaxing activities...

CONTACT: [Crous, La Rochelle](#) 

COMING SOON

Development of outdoor spaces (September 2025)

Several secure outdoor spaces are available on campus and could be opened to you following development.

YOUR OPINION MATTERS!
Ideas, questions, suggestions...
[click here](#)



COMING SOON

Developing, perfecting or supporting the creation of third places managed by and for students (September 2024)



YOUR OPINION MATTERS!
Ideas, questions, suggestions...
[click here](#)

COMING SOON

Cartography of student spaces (from January 2024)



YOUR OPINION MATTERS!
Ideas, questions, suggestions...
[click here](#)

Developing student entrepreneurship

Student-Entrepreneur National Status (SNEE)


Do you have an idea for a business or association and would like to work on your project? With the Student-Entrepreneur National Status, get some support on the path to creation! By obtaining the SNEE, you will join the national Pépité network and enjoy many advantages: individual support, workshops, access to co-working spaces and much more. Apply online and appear before one of the three annual committees (June - October - January).

CONTACT: campusinnov@univ-lr.fr 



Student-Entrepreneur Diploma (D2E)


Do you have a well-defined entrepreneurial project? In addition to the Student-Entrepreneur National Status, you can apply for the Student-Entrepreneur Diploma (D2E). This 5-month course will enable you to shift into higher gear and gain expert support on concrete examples of business creation. The classes are held in the evening or on Saturday morning so as to match everyone's timetables.

CONTACT: d2e.campusinnov@univ-lr.fr 



Entrepreneurship minor


Offered to Bachelor students (from L1 to L3), the Entrepreneurship minor includes a range of educational tools helping students to start from an idea and then work towards bringing the project to fruition (250 hours over the 3 years). Some of these classes can be taken via distance/hybrid learning.

CONTACT: campusinnov@univ-lr.fr 



“AAPIC” call for proposals

With AAPIC, CampusInnov helps you to develop your innovative, original or creative project. AAPIC enables you to enjoy a helping hand with a total value of €15,000, divided between a grant but also support, workshops or laboratory access (subject to conditions). To join the AAPIC student adventure, there are three prerequisites for candidates: they must be studying at La Rochelle University, be undertaking an entrepreneurial project and have obtained the Student-Entrepreneur National Status.

CONTACT: campusinnov@univ-lr.fr 


Follow us    

Developing student entrepreneurship



Information and awareness-raising activities

Throughout the year, CampusInnov proposes several information or awareness-raising activities, and for all audiences! Whether it's the Hackathon for the doctoral students, or the "Cordées de l'entrepreneuriat" for high-school pupils, there is something for everyone. CampusInnov also frequently organises seminars to raise awareness of entrepreneurship as well as escape games and other serious games... Keep an eye out and follow us on our social media to find out more!

CONTACT: campusinnov@univ-lr.fr 

COMING SOON

CampusInnov website (soon)

You'll soon be able to discover the CampusInnov website! A one-stop shop for information about all the initiatives to help you along the entrepreneurship and innovation paths, and to discover our news and the student-entrepreneur projects in your region.

YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

Follow us





Developing student employment

COMING SOON

Crous
Pottiers

Student jobs at the university (September 2024)

The idea is to organise a forum (job dating) at the start of the university year enabling students to apply for the positions that interest them and that have been presented to them in detail. This will help the university departments more easily recruit the most appropriate candidates. Improvements to come in terms of recruitment deadlines and payment of students recruited (administrative simplification.



**YOUR OPINION
MATTERS!**

Ideas, questions,
suggestions...
[click here](#)



**YOUR OPINION
MATTERS!**

Ideas, questions,
suggestions...
[click here](#)

COMING SOON

Student jobs in the region (September 2024)

In addition to organising a forum / job dating with interested companies, the goal is to award a "student job" label to the companies that adapt their offers to the constraints/realities of student life (adjusting hours, etc.).

"Kit à prendre soin de m

04

Physical and psychological health


The health and
psychological health
of students

Looking after your physical health




Vaccinations

The University Health Service (SDSU) can offer you vaccinations (including boosters).

CONTACT: sdsu@univ-lr.fr 


Screening

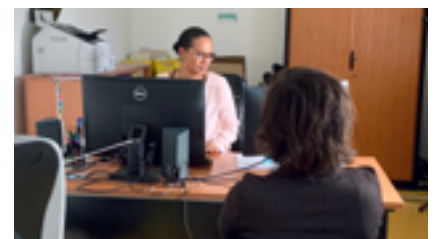
Screening (HIV, hepatitis, etc.) is available all year round, and specific awareness-raising campaigns regularly encourage you to make the most of this service.

CONTACT: sdsu@univ-lr.fr 

Awareness-raising/prevention

Awareness-raising campaigns (page to come) are frequently run by the SDSU staff (doctors, nurses and also social workers), for example, for addiction. These initiatives may take different forms: theatre, workshops, distribution of risk-reduction materials, etc. The SDSU organises awareness-raising actions in the university refectories and halls of residence in partnership with the Crous. A partnership between the Crous and the Public Health and Accessibility Department / Urban Community of La Rochelle (pooled service) also implements information and awareness-raising actions ("Tobacco-free month", STDs, addictology, etc.).

CONTACT: sdsu@univ-lr.fr 



Medical and nursing care

Medical appointments are offered; there are also targeted awareness-raising campaigns.

TO MAKE AN APPOINTMENT, CONTACT THE DEPARTMENT RECEPTION: [05 46 45 84 46](tel:0546458446)

Looking after your physical health

Psychological help and counselling




Requests for psychological consultations have significantly increased since the health crisis. Two psychologists offer appointments, and the "psych cheques" system makes it easy to set up appointments.

Schemes linked to listening and stress management are proposed by the SDSU staff.

TO MAKE AN APPOINTMENT, CONTACT THE DEPARTMENT RECEPTION: [05 46 45 84 46](tel:0546458446)

The students lodged at the Crous can use the ACCA psychological helpline free of charge, 24 hours a day, 365 days of the year.

CONTACT: [Crous, La Rochelle](mailto:Crous.LaRochelle@univ-lr.fr) 



Fighting sexual and sexist violence

A helpline exists, whose email alias is widely distributed to students – those who are victims of violence are encouraged to contact this helpline. In addition, a specific day has been organised for two years in March (in the framework of a national day of action against violence) on the campus, as well as a competition intended for students (videos and posters).



FACULTÉ

05

Daily life: accommodation, catering, transport

Developing the quality of student life by promoting quality access to accommodation, catering and transport

Finding accommodation



Private landlords

The university is in contact with different private landlords likely to be able to offer rented accommodation: Studapart (contribution), Lokaviz, youth hostel, B&B Les Minimes, Puilboreau and L'Houmeau campsites, etc.

Public landlords

Accommodation is reserved every year by the Crous by agreement for some exchange students (around 70), and the accommodation that has become available in the second semester can be rented short- and medium-term (from an overnight stay to 3 months) to take a competitive exam, undertake an internship or for a summer employment contract. The ARPHEJ association also proposes accommodation.

CONTACT: [Request short-term accommodation in the Poitiers regional education authority - Crous Poitiers](#)



Solidarity/ intergenerational accommodation

The Afev association proposes some house-share places every year as part of its Kap's scheme (in exchange for commitment to solidarity action). The "Ensemble deux générations" association has been in the La Rochelle region since 2022.

AFEV: la-rochelle@afev.org 

COMING SOON

Information on accommodation possibilities (September 2025)

Accommodation is not one of the university's competencies. However, it would be useful to have a tool capable, in real time, of viewing the vacant places in the region, as well as the associated rents, modelled on the messervices.etudiant.gouv.fr website, which shows accommodation availability in the various Crous, in real time.



YOUR OPINION MATTERS!


Ideas, questions, suggestions...
[click here](#)



"Studapart" platform

La Rochelle University uses the Studapart company to make reserved rental proposals available to you; it is also possible for them (for a fee) to ask Studapart to act as guarantor.

CONTACT:

contact:@studapart.com 

Simplification of administrative procedures (September 2025)

The Visale deposit is rarely used as it is often considered too complicated to activate. Support among landlords would perhaps enable the development of its use. Likewise, the implementation of the APL housing allowance (with the first allowance sometimes being paid several months after the start of the rental) should be simplified/accelerated. The student representative scheme put in place in the Crous halls of residence enables students to obtain help with their procedures: housing allowance application, accessing social security entitlements, rental deposit forms (Visale or natural person), IZLY card (meals, laundrette, etc.). The student representatives receive training from the CAF, CPAM and Crous at the end of August just before the start of the academic year.



**YOUR OPINION
MATTERS!**
Ideas, questions,
suggestions...
[click here](#)



Emergency accommodation



Communauté
d'Agglomération de
La Rochelle 

There are several options for proposing emergency accommodation to students who have no accommodation solution: reserved beds at the La Rochelle youth hostel, covered by the university (8 beds per night from September to December) or rentals reserved as part of agreements (campsites, youth hostel, Lafayette residence, etc.), in September and October, for which students pay rent. These two solutions are not permanent: 2 weeks, renewable one time. Make an appointment with a social worker at the University Health Service (SDSU).

Finding accommodation

Joining social housing onto emergency accommodation

When students benefit from a proposal for emergency accommodation, their situation may be examined by one of the university's social workers.

CONTACT: service-social@univ-lr.fr 
05 46 45 84 46 

COMING SOON

"Flexible" accommodation arrangements (September 2024)

The development of the regional apprenticeship training offering has, in particular, led us to consider the possibility of "shared" accommodation for work-study students, interns, and so on. If we are to provide a supply of accommodation for work-study students that is higher at certain times and then reduce the number of accommodation vacancies at other times, there needs to be an inter-establishment consultation to coordinate the work-study rhythms (time spent training/time spent in business) .

YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

COMING SOON

Construction of a new hall of residence in line with the "Smart Urban Coastal Sustainability" approach (September 2026)

The Crous is going to build a hall of residence with a capacity for 97, for mixed use (students, and seasonal workers from April to August) with its opening planned for September 2026. The Crous has chosen to make this project part of a dynamic that incorporates regional players (local authorities, higher education establishments, Crous, companies) around two goals: the energy transition and the excellence of higher education and research in this "balanced city" which is helping to decongest the metropolises.

Crous
Poitiers

YOUR OPINION MATTERS!

Ideas, questions, suggestions...
[click here](#)

Coordinating actions and communication with all the players involved

Higher education establishments, Crous, local authorities, etc, discussions as part of a working group to help propose better access to accommodation for the region's students.

CONTACT: devu@univ-lr.fr



COMING SOON

Developing "committed" accommodation (September 2026)

Reservation of accommodation in halls of residence for committed students, and ensuring that the students are actively involved in their lives in the halls.

YOUR OPINION MATTERS!

Ideas, questions,
suggestions...
[click here](#)



Crous accommodation allocated as a priority to students with disabilities

Discussions between LRUniv and the Crous to allocate certain accommodation on a priority basis depending on the needs of students with disabilities before the national allocation of accommodation.

CONTACT: handicap@univ-lr.fr

Transport

Co-modality

The goal is to for you to benefit from a network providing all kinds of transport (and specifically defined itineraries) enabling you to travel to your place of study, regardless of your departure point. This may involve using a train, car, bike, boat (ferry), car-pooling, etc.




Communauté
d'Agglomération de
La Rochelle

Improving the public transport offering

Reflecting with stakeholders on access to student rates.
Analysing the cadence of the offering by taking student rhythms of life into account
Promoting discussions about improving the offering in the evening.



Promoting sustainable mobilities

Awareness-raising/communication initiatives are frequently organised on campus to encourage you to use non- or low-polluting means of transport (train, bike, etc.) when possible. Bike shelters with repair stations are going to be installed on campus, including near to the university refectories and halls of residence.

CONTACT: SD&SR Project Manager,
thomas.duban@univ-lr.fr 

Financial assistance for transport

Students in a difficult financial situation who must leave the La Rochelle region to undertake their compulsory internship may apply to benefit from financial assistance by contacting the student social service.

CONTACT: service-social@univ-lr.fr 
[05 46 45 84 46](tel:0546458446) 




Student mobility observatory

Several surveys are regularly run to analyse student mobility practices, and these provide a wealth of information.

Services to promote bike & scooter use


There are already some actions (free bike maintenance days, public bike pumps, etc.) but other schemes need to be developed (in particular, securing means of transport thanks to access to secure shelters for example).

CONTACT: SD&SR Project Manager, thomas.duban@univ-lr.fr 



Klaxit app

This mobile app is helping to develop the use of car-pooling; it should be added to the university's mobile app.

CONTACT: SD&SR Project Manager, thomas.duban@univ-lr.fr 



COMING SOON

Securing student transport (January 2024)

Strictly speaking, there is no "campus" in La Rochelle, as the university buildings are integrated among shops or residential buildings in the district of Les Minimes. Student travel routes should be analysed to check security (lighting, signage) and, if need be, City Hall should be asked to undertake the necessary adjustments.

**YOUR OPINION
MATTERS!**
Ideas, questions,
suggestions...
[click here](#)



Transport

COMING SOON

Virtual mobility (September 2025)

The aim is to develop the third place offering to limit travel.

**YOUR OPINION
MATTERS!**

Ideas, questions,
suggestions...
[click here](#)





COMING SOON

Considering students with specific status as part of their mobility (January 2024)

Studying the possibility
of reduction/payment of travel.

YOUR OPINION MATTERS!

Ideas, questions,
suggestions...
[click here](#)

Catering

COMING SOON

Facilitating access to university refectories (September 2024)

Working with the Crous, the aim is to make it easier for you to access the catering proposed in the university refectories without having to wait too long (extended opening hours, changes in timetables, etc.). In connection with the audit of student rhythms, waiting times in the university refectories will be analysed.

Crous
Poitiers



YOUR OPINION
MATTERS!

Ideas, questions,
suggestions...
[click here](#)



Promoting initiatives in line with a sustainable development approach


Supporting actions participating to the fight against food waste, generalising the use of reusable packaging for takeaway food, supporting initiatives fostering the development of urban agriculture and the creation of shared gardens, developing the vegetarian food offering, developing cookery workshops for a responsible food culture, proposing a grocery-type offering favouring short supply chains...

CONTACT: SD&SR Project Manager, thomas.duban@univ-lr.fr



Diversifying the catering offering

So as to be able to address the lifestyles of certain students, particularly in the evening — when there is no public collective catering on offer — the Crous has installed pizza-vending machines in various places on campus. In the same spirit, the Crous has launched “Crous & Go”, an evening meal-delivery service at student rates for students lodging in its halls of residence.

CONTACT: [Crous & Go, Poitiers](#) 



Kiosk, K'fet des sciences


A private company (Merling) manages this kiosk, which does not strictly speaking offer collective catering, but the sale of cakes, drinks, etc.

Third places with meal possibilities

There will be discussion throughout the establishment to enable the opening of third places with microwaves so you can consume your own meals.

Fighting food insecurity

Proposed mainly to students with grants and international students, food distributions are organised with the help of the Charente-Maritime Food Bank (Banque alimentaire) once a month at the university. The Afev association also offers “Freegan boxes” organised every two weeks. A solidarity grocery store is based near the university campus.

CONTACT: devu@univ-lr.fr 



Social support

**In the framework of its missions,
the Crous provides social support**

Financial assistance

Students experiencing temporary or lasting financial/social difficulties may, on the advice of a social worker, request to benefit from assistance as part of the university's social assistance commission (ASSET), which meets every month from September to July. Students with disabilities may benefit from specific rights (grants, accommodation). The commissions for specific assistance financed via the Crous budget are open at La Rochelle University: the social workers as well as the university's vice-president of Education and Academic Life are invited to them every week, with a possibility of participating via videoconference. This operating mode has, for several years, enabled LRU to be connected to the allocation of financial assistance.

CONTACT: service-social@univ-lr.fr ✉ ☎ 05 46 45 84 46

FOR STUDENTS WITH DISABILITIES: handicap@univ-lr.fr ✉

ACCOMMODATION ACCESSIBLE TO STUDENTS WITH DISABILITIES: [Crous, Poitiers](#) www

 **Banques Alimentaires**



Distribution of food and hygiene products

In partnership with the Charente-Maritime Food Bank (Banque alimentaire) (for the food parcels) and the Cercle laïque Jean Macé (for the hygiene products), distributions are regularly organised at the university. The Afev association also organises distributions without conditions ("Freegan boxes": distribution dates).

CONTACT: devu@univ-lr.fr ✉

AFEV: la-rochelle@afev.org ✉

IT equipment loans

Laptop computers may be loaned on request. A "kiosk" located in the university library (BU) can lend a computer for two weeks, and longer-term loans (up to a full academic year) are also possible.

CONTACT: [for the University Library \(short-term loans\)](#) ✉

FOR THE LONG-TERM LOANS:

devu@univ-lr.fr ✉





Book donations

The university library frequently renews its stock and makes those that have been replaced available for you free of charge, all year round in the building's hall, in collaboration with the University Foundation.

CONTACTS: ✉

Appointments and follow-up by social workers



3 social workers are available by appointment at the SDSU to meet you and assess your needs (access to rights, financial assistance, accommodation, etc.).

CONTACT: service-social@univ-lr.fr 
05 46 45 84 46 



Group workshops

The student social service organises themed group workshops (well-being, women's rights, etc.) for the benefit of students.

CONTACT: service-social@univ-lr.fr 
05 46 45 84 46 

Crous/LRUniv Coordination to simplify procedures



Closer cooperation will enable us to help you in your search for accommodation, your needs for financial assistance to implement a cultural or associative project...

COMING SOON

Developing a student job offering on the campus (September 2024)


In addition to the student jobs proposed by some university department, it will be useful to work with the main potential employers in the La Rochelle region to facilitate your access to positions that are compatible with your timetables (catering, mass retail, etc.) and organise a general job dating at the start of the academic year.



YOUR OPINION MATTERS!
Ideas, questions, suggestions...
[click here](#)

Assistance with MDPH requests

The Relais Handicap service helps students with disabilities to complete and collect the elements necessary to make applications to the CDAPH, so as to obtain additional rights (financial compensation, parking, home help, etc.).

CONTACT: handicap@univ-lr.fr 





Gathering information

University library

The university library (BU) has long opening hours (8.30 am-8 pm in the week, and 9 am-1 pm or 9 am-5 pm on Saturdays).


- Language mezzanine/learning centre
- Specific training for documentary research
- Online publishing support for doctoral students
- Tutoring proposals
- Consultation/loan of publications
- Consultation of magazines, comic books, DVDs
- Students with disabilities have a specific service (3 contact people: longer loans, document delivery, reservation of workspaces, etc.)
- Online resources
- Customised resources in virtual workplace (ENT) (customised documentary support)
- Arte Campus
- Online language-learning methods
- Loan of tablets

CONTACTS: 



Orientation and Integration Department (Documentary Resources Centre)

- Company directories
- Themed exhibitions
- Onisep "training atlas" software
- Consultation of publications and magazines
- Documentation linked to student guidance, success and professional development
- Support from a librarian

CONTACT: stephanie.poulain@univ-lr.fr 

La Rochelle
Université

MAISON DE
L'INSERTION

LA RÉUSSITE
PROFESSI



06

Fostering success

Direction

Direction de la formation continue


Direction de l'orientation et de l'insertion

Fondation La Rochelle Université

Awareness of secondary-higher education continuum activities for guidance

Service offering and La Rochelle high school commission


Every year, the Orientation and Integration Department (DOI) updates and sends a service offering presenting all the initiatives related to the secondary-higher education continuum to the principals of high schools in the Poitiers regional education authority. In addition, a "La Rochelle principals commission" regularly brings together the presidency of the university, the DOI management and the principals of the 4 public general high schools located in La Rochelle to consider the improvement or the creation of schemes addressing the expectations of the secondary sector's management teams.

CONTACT: orientation@univ-lr.fr 




Long immersions

The long immersions are co-constructed by high-school teachers and university lecturers, and enable high-school students to experience student life for two days, by attending classes, participating in sporting or cultural activities, eating at the university refectory... while discovering a course that may interest them.

CONTACT: orientation@univ-lr.fr 


Careers fairs

Every year, the university attends the fair in Niort (mid-November) and the Passerelle fair in La Rochelle (early January), two careers fairs intended mainly for high-school students. The Crous participates in 8 careers fairs across the whole Poitiers regional education authority.

CONTACT: orientation@univ-lr.fr 

Open Day

Every year, the university organises an "Open Day", on a Saturday in late January-early February (after the fairs mentioned above and well before the end of the "Parcoursup" procedure). The Crous organises its "open days" at the same time as La Rochelle University and is also present on the university premises.


CONTACT: orientation@univ-lr.fr 






“Cordées”

The goal of a “cordée” is to bring together secondary- (or even primary-) school pupils and students on the same project in an ambitious approach to co-construction and sharing. Several “cordées” are organised at LRUniv: The “Cordées de la réussite” (success), with 3 in the region; “Cordée reporters métiers” (professions), with primary school pupils discovering a sector of activity; and “Cordées de l'entrepreneuriat” (entrepreneurship).

CONTACT: orientation@univ-lr.fr 

“Spring orientation” initiative


Created by the Ministry of National Education three years ago, the “Printemps de l'orientation” — Spring careers guidance — initiative provides an opportunity for specific discussions for secondary-school pupils (as well as their parents) and teams on different themes.

CONTACT: orientation@univ-lr.fr 




Faq U

This is a serious game proposed to Year 11 pupils, enabling them to discover, in a fun way, the courses offered by LRUniv as well as student life on the campus in La Rochelle.

CONTACT: orientation@univ-lr.fr 


“Padlets”

“Padlets” are presented in a digital format and mix general information about a class, videos, student feedback, etc. They can be used by senior teachers in high schools when it comes to course guidance for their pupils.

CONTACT: orientation@univ-lr.fr 

Student team


Every year, the Orientation and Integration Department (DOI) recruits dozens of students who are paid to be involved in various actions run within the framework of the continuum: careers fairs, long immersions, “cordées”, etc.

CONTACT: orientation@univ-lr.fr 

Awareness of secondary-higher education continuum activities for guidance


Guide featuring the important stages from Year 11 to entering university

It would be valuable to draw up a guide (digital) intended for high-school students (and their parents), which would list the different stages between Years 11 and 13 (fairs, open days, course guidance, Parcoursup, etc.). The Crous and La Rochelle University send 18,000 "paper" student guides to all the high schools in the regional education authority and collaborate together financially to share the sorting and mailing.

CONTACT: orientation@univ-lr.fr 

Virtual visits of the university

The Crous already proposes virtual visits of some of its accommodation in all its residences. As part of the CODA project, the goal is to offer virtual visits of classrooms, lecture halls, university library, student centre, refectories, halls of residence, etc.


CONTACT: orientation@univ-lr.fr 

[Halls of residence in La Rochelle and Niort - Crous, Poitiers](https://www.crous-poitiers.fr/) 




Student video competition

Initiated during the first lockdown, the competition launched every year among students who wish to take part enables them to produce short videos in which they stage themselves, explain their course, their student life, and so on. These videos are mainly intended for high-school students and their families.

CONTACT: orientation@univ-lr.fr 

Educator immersions from the secondary sector to university (and vice versa)


"Service swaps" or, in other words, co-constructions of educational sequences between secondary-school teachers and university lecturers enable the educators concerned to gain better knowledge of what is being practiced at the higher/lower level of education and thus provide better guidance/help for young people.

CONTACT: orientation@univ-lr.fr 




Raising awareness of international mobility

Within the framework of the "Erasmus in school" programme, in particular, the university could raise high-school students' awareness of international mobility.

CONTACT: drief@univ-lr.fr 

Discussions with disability representatives in the secondary sector

The Relais Handicap service is linked to the disability representatives of the secondary sector in Charente-Maritime designated by the rector – network piloted by the MDPH. A conference organised each year on a specific disability and meetings organised between high-school students with disabilities and the university to prepare their further studies at university. A guide is available.

CONTACT: handicap@univ-lr.fr 




Knowing the rights and obligations of students with specific profiles



Students with disabilities

A master plan updated every four years reminds us of the legislation concerning access to knowledge and sets out La Rochelle University's commitments. Awareness-raising and communication initiatives are regularly run and the Relais handicap helps students with disabilities, whether temporary or long-term, to make their studies run smoothly, foster their success and enable their participation in student life (culture, sport, course guidance, insertion, documentation, etc.) This means involving various stakeholders to constitute veritable customised educational projects.

CONTACT: handicap@univ-lr.fr 

High-level student athletes


Students recognised as high-level athletes benefit from study arrangements to enable them to remain at the highest sporting level (regular training, competitions, etc.).

CONTACT: suapse@univ-lr.fr 



High-level student artists

This status is less well-known and less frequent than the two previous ones, but it may happen that some students assert this; they may also benefit from study arrangements.

CONTACT: culture@univ-lr.fr 



Working students

Whether they are working students and/or their family breadwinners, these students also benefit from arrangements (in particular, exemptions from classes).

CONTACT: seve@univ-lr.fr 

COMING SOON

Charter of specific profiles (September 2024)

The VP for disabilities, commitment and specific profiles is working on a project to develop a charter listing all the specific profiles and indicating the arrangements possible for each of them.

YOUR OPINION MATTERS!


Ideas, questions, suggestions...
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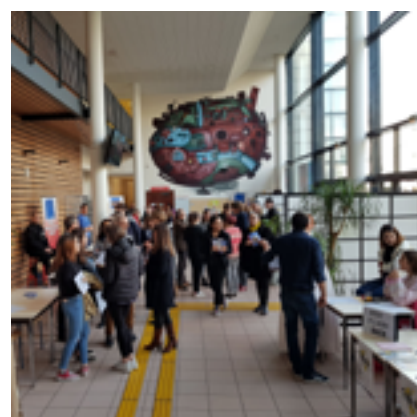


Enjoying customised support

Educational contracts / Conpere


It is now compulsory by law to propose an educational contract to all students. For two years, LRUniv has been testing the use of the digital "Conpere" educational success contract, which will gradually be used by all first-year Bachelor courses (then by higher levels). This contract lists all the arrangements and measures implemented in the interest of the student.

CONTACT: orientation@univ-lr.fr 



Tutoring

Methodological and pedagogical tutoring, provided by Master students, is proposed to L1 students on the proposal of the course supervisors.

CONTACT: orientation@univ-lr.fr 

Welcome mentoring




The Afev association coordinates this proposal of welcome mentoring, provided by volunteer students for the students who have newly arrived in the region. This does not involve helping beneficiaries at an educational level but rather showing them the campus, services for students, working methodology, etc.

CONTACT: la-rochelle@afev.org 

“Yes if” and local adaptation


As part of Parcoursup, many 1st-year Bachelor courses offer adapted/reinforced courses for candidates whose applications are deemed weak by the course supervisors; these “yes if” responses become a reality in the event of the registration of the student concerned with the signature, as of the start of the academic year, of an educational contract stipulating the measures that the student will have to compulsorily follow.

CONTACT: devu@univ-lr.fr 



MOOC for university methodology


As part of the compulsory “Helping my Project Succeed” (ARP) module, MOOC are proposed to L1 students to help them be as successful as possible in the first year of higher education (time management, exam preparation, note taking, etc.).

CONTACT: insertion@univ-lr.fr 



Success coaches

Two university staff members, assigned to the Orientation and Integration Department, are responsible for individually helping students to give themselves every chance of success, by offering individual appointments and/or themed group workshops.

CONTACT: orientation@univ-lr.fr 

Documentary tutoring

Tutors teach interested students how to correctly use the university library (BU) services, identify useful documentary resources for their course and incorporate them into their working method.

CONTACT: [www](http://www.univ-lr.fr) 


Discovering the flexibility and accessibility of courses and benefiting from them

Majors/minors

LROniv has a unique educational offering since, as of the first year on a Bachelors degree, it provides for the choice of a "minor" which will embellish the course followed by each student. From S2 to S6 of the Bachelor, 250 hours are thus planned in this context, to deepen the understanding of subjects connected to the chosen course (academic minors), discover new subjects (thematic minors) or start to take an interest in a specific field of activity (professional minors).

REPER

The Bachelor course supervisors have made provisions for specific educational initiatives aiming to help students whose foundations may be deemed weak (remedial help) or develop the skills of those who are following the programmes without any problem (perfecting). This is the aim of the REPER scheme: to further customise the programmes.

CONTACT: devu@univ-lr.fr 

COMING SOON

"Smartcode" project (September 2025)

The Smartcode project provides for the testing and implementation of administrative procedures (registrations) and educational procedures (learning modules) remotely or in "hybrid" mode, so that each student may choose the conditions that best suit their rhythm of life, constraints and needs.




**YOUR OPINION
MATTERS!**
Ideas, questions,
suggestions...
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Hybrid learning

Certain learning modules are already accessible remotely or in "hybrid" mode: the "Entrepreneurship" minor, "port professions" minor, "EU-Conexus" minors, etc. And the list of available classes is regularly getting longer.

CONTACT: devu@univ-lr.fr 

COMING SOON

Teaching in foreign languages (September 2024)

An assessment of the teaching given in foreign languages, coupled with the plan to offer distance learning, will enable us to inform international students about the possibilities of more easily taking certain classes. Several initiatives (minors) enable students whose native language is French to develop their skills in one or several foreign languages. Some courses already include a large proportion of teaching (or all of it) in a foreign language (the modern languages [LEA] programmes, the Master in Marine Biotechnology, the EU-Conexus minors, Chinese minor, Korean minor, etc.).




**YOUR OPINION
MATTERS!**

Ideas, questions,
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Being supported in your orientation or reorientation


Individual appointments and workshops

The support offered by the staff of the Orientation and Integration Department (DOI) can take the form of individual appointments (lasting around one hour) or themed group workshops (lasting 2 to 3 hours): how to apply for M1, how to switch courses, etc.

CONTACT: orientation@univ-lr.fr 

Tremplin & Paréo DUs (university diplomas)


These two university diplomas are meant for first-year students (bachelor or BUT DIPLOMA, even CPGE prep classes) who have not received a proposal for higher-education admission via Parcoursup, who realise from the start of the year that they do not wish to remain on their university course (Paréo DU, from September to May), or who prefer, after a few weeks of class, to start the process for switching courses for the following year (Tremplin DU, from January to May).

CONTACT: orientation@univ-lr.fr 



Reorientation forums

A meeting is run mid-September for L1 students who are considering switching courses, either immediately (internal reorientation procedure notably to request changing courses), or the following year (orientation towards the Paréo or Tremplin DUs).

CONTACT: orientation@univ-lr.fr 



Preventing dropouts


There are several initiatives to help prevent students from dropping out: the "Yes if" scheme (which provides for remedial help), tutoring, mentoring, individual appointments offered for the majority of L1 (provided by course lecturers at the start of the year), educational contracts, and so on.

CONTACT: orientation@univ-lr.fr 

Being supported in your professional development


EC “Helping my Project Succeed” (ARP)

The EC ARP is a compulsory and cross-cutting teaching module taken by all Bachelor students, from L1 to L3. The content evolves each year, going from guidance in L1 (Why did I register for this course, how to succeed in my higher education, etc.) to continuing studies post-Bachelor and professional integration (how to introduce yourself to find an internship or a job, writing a cover letter or a CV, etc.). As part of the ARP, all L3 students are assessed, partially by undertaking an individual interview simulation.

CONTACT: insertion@univ-lr.fr 

Individual appointments and workshops

The Orientation and Integration Department (DOI) advisors can meet you individually to help you work on your CV and/or cover letter, find an internship or a job in France or abroad, manage your image on social media to work towards professional integration, etc. Themed group workshops are also proposed all year round.

CONTACT: insertion@univ-lr.fr 

COMING SOON

Alumni network (September 2025)


Some courses or components have an active alumni network, but there is currently no “La Rochelle University” alumni network; the goal is thus to remedy/work on this.



**YOUR OPINION
MATTERS!**
Ideas, questions,
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Career centre


In collaboration with the company Jobteaser, LRUniv offers its students a consultable platform on their virtual workplace, on which they may view and apply to internship or job offers.

CONTACT: insertion@univ-lr.fr 




Skills and Experience Portfolio (PEC)

The PEC is a digital tool developed by university teams in charge of students' professional development, which enables you to list and present all of your experience (internship, commitment, jobs, etc.) and associated skills.

CONTACT: insertion@univ-lr.fr 

Meeting companies/ Job dating/ Forum

Some companies organise presentations of their professions or even job dating events, particularly for seasonal recruitment, on university premises.

CONTACT: insertion@univ-lr.fr 



COMING SOON

Student skills guides intended for employers (September 2026)

National skills benchmarks exist for the majority of university diplomas, but the skills described are not always understandable by potential employers. The goal therefore is to create a "student skills guide" which would specify in a suitable manner what you are capable of either within the framework of an internship, or within the framework of a recruitment.




YOUR OPINION MATTERS!

Ideas, questions, suggestions...
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Internship offers abroad

The International Relations Department (DRIEF) helps students who want to find an internship abroad and to prepare themselves in the best conditions for this experience in a foreign country.

CONTACT: drief@univ-lr.fr 



07


International mobility

Encouraging and
preparing international
mobility




Financial assistance for mobility programmes

The students who wish to apply to join a mobility programme as part of their studies may request to benefit from specific financial assistance.

CONTACT: drief@univ-lr.fr 

Specific financial assistance for students with disabilities

Assistance funded by Europe (Erasmus) is offered to students with disabilities who have a mobility project.

CONTACT: drief@univ-lr.fr 




Courses in foreign languages and French as a foreign language (FLE)

The Maison de l'international (International House) houses together among others the Institut universitaire des langues (University Language Institute) (IUL), which proposes compulsory or optional foreign language lessons as well as, for foreign students, modules enabling them to improve their French language skills (French as a foreign language - FLE).

CONTACT: drief@univ-lr.fr 


Language pairs at the university library

A student who speaks one language pairs up with a student who speaks another language and they learn through talking. Adverts are displayed in the library hall at the end of September.

CONTACT: drief@univ-lr.fr 


Promoting mobility programmes

You will frequently receive information about the organisation of mobility programmes, for a study semester or an internship. The International Relations Department (DRIEF) is responsible for helping you with these procedures.

CONTACT: drief@univ-lr.fr 


Specific assistance for exchange students

International students who come to LRUniv for part of their programme are helped with both their administrative and personal procedures (looking for accommodation), thanks notably to the assistance of specific tutors.

CONTACT: drief@univ-lr.fr 

Assistance in applying for residence permits

The International Relations Department (DRIEF) can help international students in their administrative procedures with the Charente-Maritime Prefecture (renewal of residence permits, in particular).

CONTACT: drief@univ-lr.fr 

Digital tools for international students

Different tools are available online to inform and help international students: CampusFrance, Erasmus without papers, Move on, etc. The European Student Card has also been used since September 2023.

CONTACT: drief@univ-lr.fr 



Network of international relations representatives

International students can be as a priority contact lecturer representatives, who have been designated in each of the LRUUniv components.

CONTACT: drief@univ-lr.fr 

International Mobility Forum

Every year, the International Relations Department (DRIEF) takes part in the International Mobility Forum organised by the Departmental Youth Information Centre (CDIJ) of La Rochelle in collaboration with the Charente-Maritime Regional Council.

CONTACT: drief@univ-lr.fr 

COMING SOON

Guide for outgoing students / guide for incoming students (September 2024)

The International Relations Department (DRIEF) has produced a guide for students who want to apply to join an international mobility programme. The goal is produce a guide (in English) for international students who wish to come and study at LRUUniv.



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YOUR OPINION MATTERS!
Ideas, questions, suggestions...
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COMING SOON

Information available in several languages on the website, Moodle, etc. (September 2024)

Currently, little information is available in a foreign language on the LRUUniv website; the goal is therefore to translate the entire contents into English at a minimum, and if possible into other languages (Spanish, Asian languages, etc.).

COMING SOON

Cultural activities intended for international students

There are currently few cultural activities intended for international students (in foreign languages, for example); the goal therefore is to develop these initiatives, in partnership with the Maison de l'Étudiant – Espace culture (Student Centre – Cultural Centre).



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EU-CONEXUS Cultural Festival

As part of the European University piloted by LRUniv, the first Cultural Festival bringing together all the partner establishments was held in La Rochelle in March 2023. This festival will be organised every two years by a partner university.

CONTACT: christelle.tallon@univ-lr.fr 

COMING SOON

Specific alumni network (September 2025)

The goal is to build a network of former LRUniv students who have left to work in a country other than France, and who could propose internships or jobs to "practising" students.

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COMING SOON

Success rate of international students (September 2024)

Analyses do exist, undertaken by the Professional Integration Courses and Student Life Observatory (OFIVE), but the results will be further formalised and communicated to the university community.



YOUR OPINION MATTERS!

Ideas, questions, suggestions...
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étudiante



**D'ici
on voit
+ loin !**

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